

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2011		House Committee Meeting 12noon Tini Tuesday \$4 Martinis 1	The "Chatmoss" Special One Meat, Three Vegetables Boxwood Grille 2	Tell friends about Will Zimmer & Friends in the Boxwood Grille on Tuesday, March 8th 3	Get out the golf clubs and start practicing! 4	Carlisle Madrigal Dinner 6:00pm 1/2 Price Wine in the Bottle over \$25 5
Boxwood Grille Brunch Buffet 12pm-2pm 6	Main Clubhouse closed for food and beverage service 7	Annual Meeting 5:30pm Ballroom Fat Tuesday Will Zimmer & Friends 7:30pm Elmwood Bar Tini Tuesday \$4 Martinis 8	The "Chatmoss" Special One Meat, Three Vegetables Boxwood Grille Ash Wednesday Drink Specials 9	Duplicate Bridge 12:00pm Lunch 1:00pm Bridge 10	Pairs Bridge 5:45pm Dinner 7:00pm Bridge 11	1/2 Price Wine in the Bottle over \$25 12
Boxwood Grille Brunch Buffet 12pm-2pm 13	Main Clubhouse closed for food and beverage service 14	Tini Tuesday \$4 Martinis 15	The "Chatmoss" Special One Meat, Three Vegetables Boxwood Grille Make reservations for Easter 16	St. Patrick's Day Irish Themed Buffet Drink Specials Boxwood Grille 17	Make reservations for Sunday Brunch 18	1/2 Price Wine in the Bottle over \$25 19
Boxwood Grille Brunch Buffet 12pm-2pm 20	Main Clubhouse closed for food and beverage service 21	Tini Tuesday \$4 Martinis 22	The "Chatmoss" Special One Meat, Three Vegetables Boxwood Grille 23	Duplicate Bridge 12:00pm Lunch 1:00pm Bridge 24	Order a Homestyle Meal To Go 25	American National Bank Chatmoss Invitational (Course Closed) 1/2 Price Wine in the Bottle over \$25 26
American National Bank Chatmoss Invitational (Course Closed) Boxwood Grille Brunch Buffet 12pm-2pm 27	Main Clubhouse closed for food and beverage service 28	Tini Tuesday \$4 Martinis 29	The "Chatmoss" Special One Meat, Three Vegetables Boxwood Grille National Doctors Day All Doctors Eat Lunch for Half Price at the Club 11:30am-3:00pm 30	Make reservations for the Rodney Strong Wine Dinner April 8th 31	Celebrate Virginia Wine Week Friday, March 18th - Sunday, March 27th Taste Great Virginia Wines	

Answer to Trivia: Because they don't lie down the first time.

CHATMOSS FITNESS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2011		7:30am - AW Yoga With Weights 5:00pm - JB Senior Fitness 1	6am - CG Spinning 8:30am - LR Spinning 3:30pm - PH Gentle Yoga 5pm - CA Spinning 2	7am - AW Yoga With Weights 12 noon - AW One Hour Stretch 3	6am - CA Spinning 8:30am - LR Spinning 4	8am - AW Yoga With Weights Go for a Walk! 5
Journey Rides To Be Announced (See Online Calendar) Play Tennis! 6	6:00am - CG Spinning 8:30am - TBA Spinning 9:45 - AW Yoga 5:00pm - CA Spinning 7	7:30am - AW Yoga With Weights 5:00pm - JB Senior Fitness 8	6am - CA Spinning 8:30am - LR Spinning 3:30pm - PH Gentle Yoga 5pm - CG Spinning 9	7am - AW Yoga With Weights 12 noon - AW One Hour Stretch 10	6am - CG Spinning 8:30am - CA Spinning 11	8am - AW Yoga With Weights Play Tennis! 12
Play Golf! 13	6:00am - CA Spinning 8:30am - TBA Spinning 9:45 - AW Yoga 5:00pm - CG Spinning 14	7:30am - AW Yoga With Weights 5:00pm - JB Senior Fitness 15	6am - CG Spinning 8:30am - CA Spinning 3:30pm - PH Gentle Yoga 5pm - CG Spinning 16	7am - AW Yoga / Weights 12 noon - AW Flow Yoga 17	6am - CG Spinning 8:30am - CA Spinning 18	Go for a Walk! 19
Play Tennis! 20	6:00am - CG Spinning 8:30am - LR Spinning NO YOGA 5:00pm - CA Spinning 21	NO YOGA 5:00pm - JB Senior Fitness 22	6am - CG Spinning 8:30am - LR Spinning 3:30pm - PH Gentle Yoga 5pm - CA Spinning 23	NO YOGA 24	6am - CG Spinning 8:30am - CA Spinning 25	Play Golf! 26
Play Golf! 27	6:00am - CA Spinning 8:30am - LR Spinning 9:45 - AW Yoga 5:00pm - CG Spinning 28	7:30am - AW Yoga With Weights 5:00pm - JB Senior Fitness 29	6am - LR Spinning 8:30am - TBA Spinning 3:30pm - PH Gentle Yoga 5pm - CG Spinning 30	7am - AW Yoga / Weights 12 noon - AW Flow Yoga 31	INSTRUCTOR KEY Linda = LR June = JB Carol Ann = CA Carin = CG Pat Hall = PH Allison = AW Telisha = TW Elizabeth = EW Megan = MT	

* Class Instructors subject to change without notice.